

ALL BERGEN COUNTY WRESTLING 2019-2020

FIRST TEAM

Wt.	Name	School	Class
106	Aidan Wallace	Bergen Catholic	Freshmen
113	Kelly Dunnigan	Don Bosco	Junior
120	Nick Babin	Emerson/Park Ridge	Senior
126	Robert Howard	Bergen Catholic	Senior
132	Dylan Cedeno	Bergen Catholic	Senior
138	Will Grater	Bergen Catholic	Senior
145	Mike Dellagatta	St. Joseph's	Freshmen
152	Aaron Ayzerov	Paramus	Junior
160	Nate Camiscioli	Bergen Catholic	Junior
170	Jack Bernik	Old Tappan	Senior
170	A.J. Fricchione	St. Joseph's	Freshmen
182	Benjamin Liss	Fair Lawn	Senior
195	Gunnar Nystedt	River Dell	Senior
220	Kyle Jacob	Paramus	Senior
285	Jimmy Mullen	St. Joseph's	Freshmen

Coach of the Year: Tom Mulligan (Elmwood Park)

Group 1-2 Team of the Year: Emerson/Park Ridge

Group 3-4-5 Team of the Year: River Dell

Non-Public Team of the Year: Bergen Catholic

SECOND TEAM

Wt.	Name	School	Class
106	Taisei Kurachi	River Dell	Sophomore
113	Joe Cangro	Bergen Catholic	Sophomore
120	Ethan Fernandez	Westwood	Junior
120	Nick Kayal	Bergen Catholic	Senior
126	Alex Almeyda	St. Joseph's	Sophomore
132	Justin Bierdumpefel	St. Joseph's	Senior
138	Michael Cetta	St. Joseph's	Junior
145	Nick Franco	Paramus Catholic	Junior
152	Alex Strahinsky	Bergen Catholic	Senior
152	Dylan Weaver	Lyndhurst	Junior

160 – Luke Petaccia	Pascack Valley	Junior
182 – Casey Allen	Emerson/Park Ridge	Junior
195 – Deren Cercioglu	Paramus Catholic	Senior
195 – John Fiore	Bergen Catholic	Sophomore
195 – Alex Kostantas	Pascack Hills	Junior
220 – Michael Toranzo	St. Joseph's	Junior
285 – Hector Lebron	Dwight Morrow	Senior

THIRD TEAM

Wt.	Name	School	Class
106 –	Max Martinez	Pascack Hills	Junior
113 –	Michael Rodriguez	Becton	Senior
120 –	Mike Tandurella	Don Bosco	Junior
126 –	Logan Mazzeo	Emerson/Park Ridge	Senior
126 -	Andre Ruiz	Bogota/Ridgefield Park	Senior
132 –	Zack Martinez	Elmwood Park	Senior
138 –	Eric Freeman	Paramus	Sophomore
145 –	Tyler Pizzi	Pascack Valley	Junior
145 –	Joe Zargo	Bergen Catholic	Senior
152 –	Stefano Sgambellone	St. Joseph's	Senior
160 –	Christian Jimenez	Don Bosco	Senior
160 –	A.J. Puerto	Fair Lawn	Senior
170 –	Tim Coffey	Cresskill	Senior
182 –	Brian Fall	Ramapo	Junior
182 –	Anthony Ascencio	Lodi	Junior
220 –	Max Acciardi	Paramus Catholic	Freshmen
220 –	Remy Brancato	Bergen Catholic	Sophomore
285 –	Jakob Shapiro	Fair Lawn	Senior